## BRAGARD Be your best

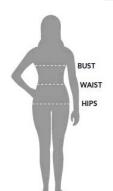
# How to measure

It is important to measure every member of your staff correctly. That way a fit as close to "made to measure" as possible is ensured.

The tape should be snug but not tight. Don't worry about allowing inches for movement, all our designs take this into account.

For a fit that will stay comfy all day long, always consider sizing before ordering. The correct fit should provide freedom of movement and optimum comfort.

#### The right size for her...



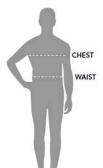
#### Measuring Women

**Bust:** Around the fullest part and across the shoulder blades.

Waist: Around the natural waistline.

**Hips:** Around the fullest part below the waist.

#### The right size for him...



#### Measuring Men

**Collar:** Around the neck, at the base where the shirt ties.

Chest: Around the fullest part, under the arms and across the shoulder blades.

**Waist:** Around the natural waistline, level with the top of waistband.

### The right size for her...

Sizes	2	4	6	8	10	12	14	16	18	20	22	24	26
Bust Sizes (Inches)	31 - 32 1/4	32 1/2 - 33 1/4	34 1/4 - 35 1/4	35 3/4 - 37	37 1/4 - 38 1/2	39 - 40	40 1/2 - 41 3/4	42 -44	44 1/4 - 46 1/2	46 3/4 - 48 3/4	49 1/4 - 51	51 1/2 - 53 1/2	54 -56
Waist Sizes (Inches)	22 3/4 - 24	24 1/4 - 25 1/2	26-27	27 1/2 - 28 3/4	29 - 30 1/4	30 3/4 - 31 3/4	32 1/4 - 33 1/2	33 3/4 - 35	35 1/2 - 37 1/4	37 3/4 - 39 3/4	40-42	42 1/2 - 44 1/2	44 3/4 - 46 3/4
Hip Sizes (Inches)	33 1/2- 34 1/2	35- 36 1/4	36 1/2- 37 3/4	38- 39 1/4	39 3/4- 41	41 1/4- 42 1/2	42 3/4- 44	44 1/2- 46 1/2	46 3/4- 48 3/4	49 1/4- 51	51 1/2- 53 1/2	54-56	56 1/4- 58 1/4

#### The right size for him...

#### Jackets, Vests

Sizes	32	34	36	38	40	42	44	46	48	50	52
Chest Sizes (Inches)	33	34 1/2	36 1/4	37 3/4	41	42 1/2	44	45 1/2	47 1/4	48 3/4	50 1/4

#### **Trousers**

Sizes	28	30	32	34	36	38	40	42	44	46
Waist Sizes (Inches)	28 1/4	30	33	34 1/2	36 1/4	37 3/4	41	42 1/2	44	45 1/2
Hip Sizes (Inches)	35 1/2	37 1/2	39 3/4	41	42	43 1/4	45 1/2	46 3/4	48	49 1/4